

Please Note: Activities are returning. Contact your committee leader to find out if your group is meeting. And, if so, clarify whether it is an online version or an in-person meeting within the guidelines of our National Centers for Disease Control and Prevention, Minnesota Department of Health, Governor Tim Walz, and Bishop Thomas Aitken. Thank you for your patience and cooperation as we work toward reuniting in a safe and healthy way.

✝ <u>Sunday, October 4</u> ~	8:30 am	IN-PERSON Worship/18 th Sunday of Pentecost
	10:30 am	IN-PERSON Worship/18 th Sunday of Pentecost
✝ <u>Friday, October 9</u> ~	10:00 am	Prayer Shawl
✝ <u>Sunday, October 11</u> ~	8:30 am	IN-PERSON Worship/19 th Sunday of Pentecost
	10:00 am	IN-PERSON Worship/Confirmation/19 th Sun of Pentecost
✝ <u>Monday, October 12</u> ~	6:00 pm	WOW
✝ <u>Wednesday, October 14</u> ~	10:00 am	Gather to Pray—wherever you are
✝ <u>Sunday, October 18</u> ~	8:30 am	IN-PERSON Worship/20 th Sunday of Pentecost
	10:00 am	IN-PERSON Worship/20 th Sunday of Pentecost
✝ <u>Monday, October 19</u> ~	7:00 pm	Men of Faith
✝ <u>Tuesday, October 20</u> ~	5:00 pm	Worship Team Meeting
	6:00 pm	Prayer Ministry Meeting
	7:00 pm	Church Council Meeting
✝ <u>Wednesday, October 21</u> ~	9:00 am	Quilters
	10:00 am	Gather to Pray—wherever you are
✝ <u>Friday, October 23</u> ~	10:00 am	Prayer Shawl
		Newsletter Articles Due in Office
✝ <u>Sunday, October 25</u> ~	8:30 am	IN-PERSON Worship/Reformation Sunday
	10:00 am	IN-PERSON Worship/Reformation Sunday
✝ <u>Wednesday, October 28</u> ~	10:00 am	Gather to Pray—wherever you are
		Newsletter Sent Out



A Word from Your Pastor

“I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the LORD your God is with you wherever you go.” Joshua 1:9

Changes, changes, changes. This year has been a year of nonstop changes, especially for Faith Lutheran Church, and especially in the last month and a half. We went from worshipping completely online to worshipping in the Fellowship Hall to worshipping in the sanctuary.

Depending on the lens in which you view things, you may see these changes as negative or positive. For my own sanity and mental survival, I feel it necessary to view these changes in the positive. There are some changes that are out of our control and they are far from over. Who knows what changes we will be facing in the weeks, months, and year to come. I choose to face these changes with courage and determination...remembering that the church, throughout time, has faced changes and challenges with God presence and strength guiding us.

On October 31st, the Lutheran church celebrates Reformation Sunday. What a change the church experienced 503 years ago! Martin Luther never intended on breaking away from the Roman Catholic Church (the only church at the time), he only wanted to change the teachings to truly reflect the grace and mercy of God shown in the Bible. He wanted to “reform” the church. Of course, there was flat out resistance on the part of the Pope and the Lutheran church was formed...but Martin Luther continued to reform, to change, the way we view God and view church.

Luther also encouraged the church to constantly be changing...(ecclesia *semper reformanda est* or “the church must always be reformed”). This is a major challenge for us who, by nature, want to be comfortable, want what is familiar. But is that what we’re called to be as a Church?

My hope is that the past several months have forced us to truly reflect upon what it means to be a church. How can we be a church without a church building? How can we truly be Christ’s disciples outside of the four walls? I know many of us want the old church back, the church that made us comfortable. But Christ doesn’t call us to be comfortable. Christ calls us to be his disciples, and that is not an easy task. He’s said so himself (Luke 14:27).

Take whatever changes are ahead in stride. We will be ok. I know that because God has promised to be with us just as God has been with this church throughout the ages. And this church has experienced its fair share of changes and challenges! With everything changing around us, take comfort in the fact that God’s love for us will never change.

“The grass withers, the flower fades; but the word of our God will stand forever.” Isaiah 40:8

God is with us always.

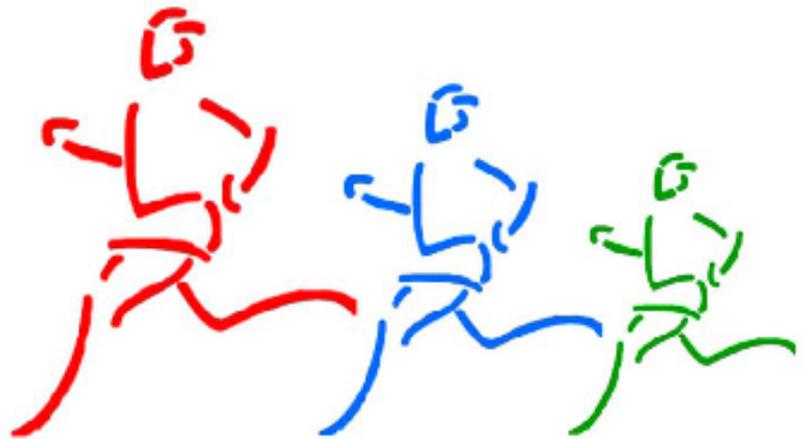
In Christ,
Pastor Kate



CAMP ONOMIA BENEFIT 5K



5K RUN4 CAMP

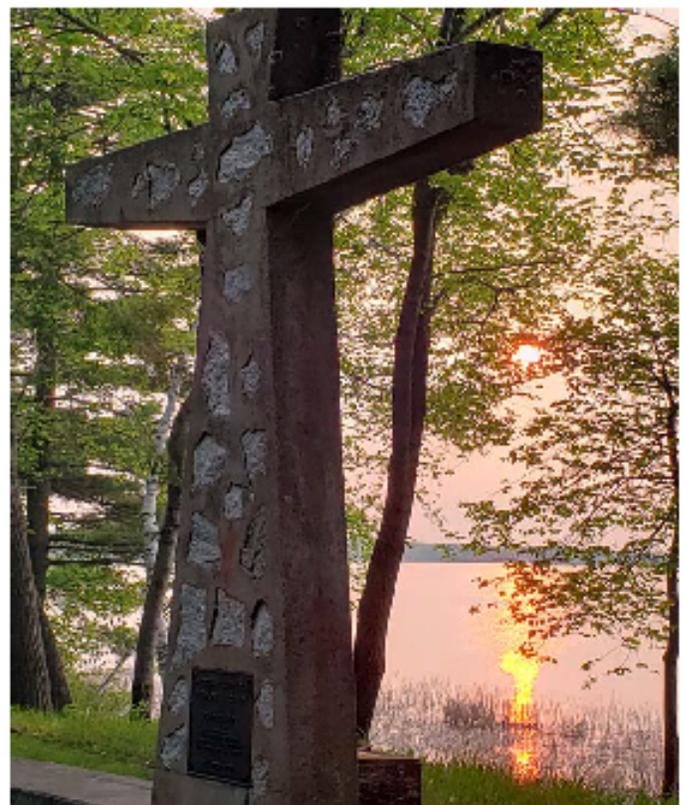


We invite you to invite a friend and join hundreds of others running, walking, biking... to support Camp Onomia as we work to get through this COVID crisis. Our program incomes have been practically non-existent, so we'd love to have you help us out! On November 1, our national camp organization of partner camps have organized this 5K with a goal of raising \$100,000 for camps nationwide.

THE DETAILS:

- + Run at Onomia November 1 or choose your own route on your home turf at any time. We will be offering a marked trail around the perimeter of Camp Onomia for those who wish to gather as a group. 3.25 laps and a splash in Lake Shakopee to end the task! Start time is 1 PM. Be sure to send in some pics!
- + Preregistration by October 4 is requested. Register: <https://lornnetwork.wufoo.com/forms/mj2zvf11iow6ol/>
- + Solicit sponsors. 5 or more would be great! They can donate directly with the link provided or here: <https://camponomia.campbraingiving.com/>
- + Zoom links are provided so that you can connect to others joining in on the fun of the 5K RUN4CAMP!

Questions? Drop me an email: onomiaexec@gmail.com. THANKS for helping us out during this challenging time.



ALL FUNDS RAISED GO DIRECTLY TO SUPPORT CAMP ONOMIA!

Confirmation Sunday -
October 11, 2020 @ 10:00 am



Ashlyn Cooper
Brianna Heise
Caleb Johnson
Lacy Karels

Congratulations on your
Confirmation

We will be needing individuals to help with ushering and communion preparation. A server sheet will be going out to those who normally help in those areas. If you feel uncomfortable with the task during this time, please let the office know. If you would like to be added to the list, we welcome you with open arms; again, let the office know!

Here are some **key points** that will make our worshipping different than pre-COVID-19, but will need to take place in order for our church building to re-open: **if ill** or at risk, stay home; **masks** are required, extras are available if you forget yours; **social distancing** of 6 feet; use **hand sanitizer** when entering and leaving; only one person/family in the **restroom** at a time, only use the restroom if absolutely necessary, and leave the outside restroom doors open/ajar; **do NOT congregate** in the building before or after worship; **no singing** just yet; place your **offering in basket** before or after service; **no contact** sharing of the peace and greeting Pastor; **no fellowship** after service, no food or beverages; no hymnals, bibles, nor bulletins, we will be utilizing Phase Two of the **Multi-Media** project.



Dear Heavenly Father, at his time of the year, we are awe struck at your beauty displayed in the trees around us. We know that the seasons are once again changing. Fall is here and soon we will be faced with the colder weather of the winter months. This change of seasons can be an exciting time, but it can also be unsettling when we let our worries of the unknown cloud our thoughts. We have been told in Ecclesiastes 3:1 that “for everything there is a season, and a time for every purpose under heaven”. So, help us see that you are with us in every season of our life...in birth and death, in weeping and in joy. Be with us now as we face all the unknowns in our life and especially those affecting our country and the world. Help us be assured that at times of uncertainty, your love and provision for us will never fail...and that you have plans for us and for our future, both here on earth and in Heaven. We have experienced many changes in our church and in our lives in the last few months. And, we are so thankful that you have been by our side and have helped us through those changes. We offer up these following prayers to you.

- We give thanks and praise for the sacrifices of many, both financially and through their labor, for the audio and video equipment in our fellowship hall and sanctuary. We are so grateful that you have been with us every step of the way to make our return to worshipping together possible. And, now that we are together again, help us to be ever mindful in respecting others and their safety by wearing our face masks and practicing social distancing.
- We give thanks for those who have completed their term on Church Council. We ask your guidance, support and encouragement to both our continuing and new council members. Help us, as this congregation, to support them through their actions and prayers in the year ahead.
- Grow our giving, both in our time commitments and in our financial contributions so the ministry of this church may continue to reach out and serve the people within our community and within the world. Help us to look beyond ourselves and to see the needs of our brothers and sisters everywhere.
- We ask your blessing on Letty Larson who was baptized on September 20th. May she come to know you through the love, support, and teaching from her parents and sponsors.
- Let your healing presence be with all who are troubled or weakened. Restore them to wholeness and bring joy into their lives. Bring healing, comfort and love for all who are on our prayer network each week. Continue to watch over our first responders. Extend your love and comfort to all who are in nursing homes, memory care units, and assisted living facilities. In your special way, bless, encourage, and lift all their hearts so that they will know and feel your love for them.
- Be with Caleb Johnson, Lacy Karels, Ashlyn Cooper, and Brianna Heise one October 11th, a very special day in their lives when they will be confirming their faith in you. Help us to nurture and support them as they continue to grow in their faith and to assume their roles as full members of the Body of Christ.
- Let your word be planted in the lives of the children who will be soon be receiving Bibles. May they and their parents enjoy times together reading and studying your word.
- Be with all who have been hit with the devastation caused by fires and flooding. Grant safety to those who are putting their own lives on the line to save others. Stir in us the need to help support them.
- Bless all members of this church and all who worship here. Help us to be your presence in this world. We especially pray for the following each week in October.
- Week The week of October 4 – Russ, Janette, Brittany, & Alex Jackson; Doug Jacobson & Sue Lyback; Rick Jobe & Virginia Freese.
 - Week of October 11 – Brad, Melissa, Noah, & Caleb Johnson; Donna Johnson; Shaun, Katie, Graham, and Dawson Joy.
 - Week of October 18 – Bryan and Diana Karels; Dale Karels; Derek, Lacy, Lucas, and Blake Karels; Roland and Leslie Karg.
 - Week of October 25 –Randi Kautz; Joyce Kloncz; Frank & Barb Kriz; Alex, Blair, and Louise Larson; Brandon, Jennifer, and Kendra Larson.
- Deepen our faith and give us strength to follow wherever you lead us.

We know that you, our wonderful Creator always walks with us and no matter what happens, your love and care for us will never change. AMEN

Remember to keep our First Responders in your prayers.

They and their families especially need our prayers at this time.
Fall cards for your 1st responders are due October 4 & 11, 2020

***"For where two or three gather in my name,
there am I with them." Matthew 18:20.***

Wednesday is the day of our "Common Prayer Time".



God speaks in the Silence... "Be still and know that I am God." Psalms 46:10

Are your days hectic? Does all the media noise about the pandemic, the protests, the riots, and politics get you down? What about the fires and storms affecting so many peoples lives? Is all this and more, getting you down? Then, now is the time to stop and find a place of solace to refresh your spirit and to seek the Word of God. Slow down; give yourself some alone time; turn over to God all those things that are bothering you and have overburdened your heart; and admit your desperate need for inner refreshment and peace. God does not speak to the hurried, worried and distracted mind. What he desires is that we be alone with him and his Word. For it was in silence and careful listening that God spoke to Samuel. That is why the Psalmist sings, ***"Be still and know that I am God." (Psalms 46:10)***

Mother Teresa of Calcutta put it so nicely. *"We cannot find God in noise and agitation. Nature, trees, flowers, and grass grow in silence. The stars, the moon, and the sun move in silence. What is essential is not what we say but what God tells us and what he tells others through us. In silence he listens to us; in silence he speaks to our souls. In silence we are granted the privilege of listening to his voice.*

Silence of our eyes.

Silence of our ears.

Silence of our mouths.

Silence of our minds.

...in the silence of the heart,

God will speak.

Silence of the heart is necessary so you can hear God everywhere - in the closing of the door, in the person who needs you, in the birds that sing, in the flowers, in the animals. If we are careful of silence, it will be easy to pray."

Give yourself these quiet moments when you can relax in silence and wait for God.

Wait for him to speak to you, to heal you, to guide you, and to lead you.

If you are in need of personal prayer...contact any prayer team member who will pray with you over the phone.

Blessings and Peace from all of us: Ellory Christianson, Dee Fehlberg, Diane Gibas, Nancy Hendry, Sue Lyback, Doc Moss, Carolyn Nutt, Mary Sears, Pastor Kate

**Children, please cut out and place this prayer in your prayer pillows.
Watch for a new prayer each month.**



Children's Prayer Time

Dear Jesus , thank you for loving me and my family and all my friends.
Help me to be kind and loving too. AMEN

Pastor Kate's Favorite Apple Crisp Muffins

(From www.iowagirleats.com)

Makes 10-12 muffins

Ingredients

1/4 cup butter, softened to room temperature
1/4 cup vegetable or canola oil
1/3 cup sugar
1/3 cup brown sugar
1/4 cup unsweetened applesauce
1 egg
1 tsp vanilla
1 1/2 cup all-purpose flour
1/2 tsp cinnamon
1/2 tsp baking soda
1/2 tsp baking powder
1/4 tsp salt
1 1/2 cups chopped apple (I recommend Honeycrisp or Granny Smith)

For the crisp topping:

1/2 cup brown sugar
1/2 cup old fashioned oats
1/4 cup all-purpose flour
1/4 cup butter, softened to room temperature
1/4 tsp cinnamon

Instructions

Preheat oven to 350°. Line a 12- cup muffin tin with liners then set aside.

In a large bowl, mix together butter, oil, sugars, and applesauce until combined, about 1 minute (mixture will look curdled). Add egg and vanilla then mix to combine.

In a separate bowl, stir together flour, cinnamon, baking soda, baking powder, and salt. Remove 2 tbsp of the flour mixture then toss with the apples in a separate bowl to coat.

Add remaining flour mixture to wet ingredients in two batches, mixing until just combined before adding the next batch. Fold in the apples. Scoop batter into prepared muffin cups filling them 3/4 of the way full.

For the crisp topping: Mix ingredients together in a small bowl until well combined. Sprinkle a heaping tablespoon on top of each muffin then bake for 15-17 minutes or until a toothpick inserted into the center comes out clean. Let cool in muffin tins for 10 minutes then move for a cooling rack to cool completely.



Ruby's Pantry

The 1st Monday of each month at Onamia Lion's Community Center, 806 West Kathio St, Onamia.
10:30—Noon ... call 532-3366 for questions.
For a \$20.00 cash donation, you will receive an abundance of grocery items.

Food Shelves

Isle - Old Fire Hall, across from Post Office
Must be resident of Isle School District
1st Tuesday of the month 4 pm - 6 pm
4th Tuesday of the month 2:30 pm to 5:30 pm



Fare For All

Onamia Veterans Club
Upcoming —
Oct 7, Nov 4, Dec 2
3:00 pm—5:00 pm

An abundance of groceries up to 40% savings.

Please let the office know if we have missed or incorrectly listed your birthday or anniversary.



October Birthdays and Anniversaries

Birthdays

10/01	Elaine Freichels	10/18	Pam Geiger
10/01	Amber Robertson	10/19	Robert Larson
10/01	Livia Raverty	10/19	Logan Slama
10/03	Joyce Miller	10/20	Grace Slagle
10/04	Harvey Soderstrom	10/20	Jason Amundson
10/04	Curt Miller	10/22	Nancy Miller
10/06	Donald Haggberg	10/22	Ellory Christianson
10/06	Samantha Samuelson	10/24	Bob Crace
10/09	Denise Larson	10/24	Delores (Dee) Fehlberg
10/11	Laura Heise	10/25	Sally Maitland
10/11	Roger McClain	10/29	Dennis "Doc" Moss
10/11	Jared Oswald	10/29	Sandy Nies
10/14	Denny Lemm	10/30	Brad Johnson
10/16	Robert Peterson		



Anniversaries

10/08	Bill Michaelis & Ellory Christianson
10/14	Terry & Gail Oswald
10/10	Robert & Denise Larson
10/18	Tyler & Tara Soderstrom
10/19	Nicholas & Breanna Eklund



October 2020

Faith Lutheran Church - Holidays in United States

Oct 2020 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27 ANNUAL Mtg 10:45 IN-PERSON 8:30am - Worship 10am - Worship 10:45am - Annual	28	29 4pm - JFK Dance	30 10am - Gather to	1 2pm - Yoga	2	3 9am - AA Big Book
4 IN-PERSON 8:30am - Worship 10am - Worship	5	6 4pm - JFK Dance	7 9am - Quilters 10am - Gather to	8 10am - Caring 10am - Our Home 2pm - Yoga	9 10am - Prayer Shawl	10 9am - AA Big Book
11 IN-PERSON MISSION AWARENESS 8:30am - Worship 10am - Confirmation	12 Columbus Day Indigenous Peoples 1pm - Garden Club 6:30pm - WOW	13 4pm - JFK Dance	14 10am - Gather to	15 2pm - Yoga	16	17 9am - AA Big Book
18 IN-PERSON 8:30am - Worship 10am - Worship	19 7pm - Men of Faith	20 4pm - JFK Dance 5pm - Worship Team 6pm - Prayer Team 7pm - Council	21 9am - Quilters 10am - Gather to	22 10am - Our Home 2pm - Yoga	23 NEWSLETTER ARTICLES 10am - Prayer Shawl	24 9am - AA Big Book
25 IN-PERSON 8:30am - Worship 10am - Worship	26	27 4pm - JFK Dance	28 NEWSLETTER sent OUT 10am - Gather to	29 2pm - Yoga	30	31 HALLOWEEN 9am - AA Big Book

[Click Here for October 2020 Calendar](#)

Faith Lutheran now has online giving set up. It can be accessed by going to www.faithisle.org or scan the following QR with your smartphone.



Please call the office at 320-676-3161 or email yougotfaith@frontier.com with any changes in your contact information.

Church Office Hours

Tuesday, Wednesday, Thursday – 9:00am -2:00pm
Monday & Friday – Church Office closed
Church office – 676-3161
PO Box 71 Isle MN 56342

www.faithisle.org

e-mail: yougotfaith@frontier.com

Prayer Chain: Church office or 218-839-5827

Pastor Kate Mensing (320) 591-0319

minnesotapastorkate@gmail.com

Kristi Pedersen, Admin. Asst. (320) 293-1685